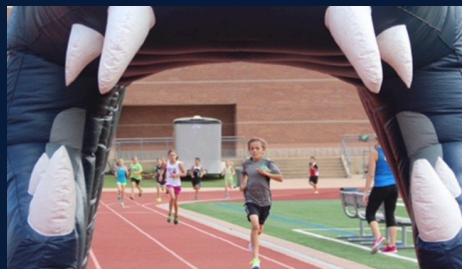


2026 JAG MILE FMHS MAY 9TH

One Mile FUN RUN on the FMHS Track
Hosted by the FMHS Track and Cross Country Team



This fun event is open to all elementary and middle school students in the FMHS feeder pattern and offers each grade level the opportunity to run a timed mile on the Flower Mound High School track. Participants will take part in structured warm-ups led by high school athletes, who will also be there to support and encourage runners throughout the event. Every participant will receive a ribbon, and medals will be awarded to the top three boys and girls in each grade. Registration is \$10 and will take place the morning of the event, so students can simply arrive, sign up, and participate. Please arrive at least 20 mins before your race to allow time to register and warm up. We can't wait to see you!

SCHEDULE

| | |
|--------------------------|---------------------------|
| Kindergarten 8:00-8:15am | 4th Grade 9:00-9:15am |
| 1st Grade 8:15-8:30am | 5th Grade 9:15-9:30am |
| 2nd Grade 8:30-8:45am | Middle School 9:30-9:45am |
| 3rd Grade 8:45-9:00am | |