

2024 FMHS XC SCHEDULE

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>
8/17	Byron Nelson Invitational	Pike Middle School
8/24	Flower Mound Invitational	Shadow Ridge Middle School
8/31	Telaneus Invitational	North Lakes Park, Denton
9/7	Southlake Invitational	Bob Jones Park, Southlake
9/14	Lovejoy Invitational	Myers Park, McKinney
9/21	Woodbridge Invitational	Irvine, California
9/21	Decatur Reunion Run	Decatur, Joe Wheeler Park
9/28	Nike South Invitational	Bear Branch Park, The Woodlands
10/11	District 6-6A Championships	North Lakes Park, Denton
*10/21	Region 1-6A Championships	Mae Simmons Park, Lubbock
*11/1	UIL State Championships	Old Settlers Park, Round Rock
*11/23	NXN South Regionals	Bear Branch Park, The Woodlands
*12/7	NXN Championships	Portland, Oregon

Head Coach
Andrew Cook
cooka@lisd.net

Assistant Coaches
Melissa Cook
Michael Horstmeyer

*Varsity only and must qualify

Principal
Chad Russell- FMHS
Jeff Brown- FM9

Athletic Director
Brian Basil
Sherika Nelson